

## CM Elite | CM U23

- **Natation / Swim:** 2 boucles / 2 laps = 1,5 km
- **Vélo / Cycle:** 7 boucles / 7 laps = 41,3 km
- **Course à pied / Run:** 4 boucles / 4 laps = 10 km

- **A** = Zone de change / Transition area
- **D** = Vestiaires / Changing room
- **B** = Tri Expo - Animation
- **E** = Ravitaillement / Aid Station
- ⊕ = Samaritain / Medical
- **F** = Wheel stop
- **C** = Retrait des dossards / Registration

