

## TERMS AND CONDITIONS OF THE LAUSANNE TRIATHLON

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Each participant is subject to these terms and conditions. By registering for the Lausanne Triathlon, the participant confirms having read and accepted the following conditions:

### 1. Swim caps

Each participant receives a swim cap of the color of his category when the bibs are handed out. Each athlete is required to wear this swim cap during swimming. These swim caps are offered by the organizers and can be kept by the participants after the race.

### 2. Timing system

Each participant must imperatively wear his microchip at the peg from start to finish. If this is not the case, the competitor will not be ranked. The organizer reserves the right to prevent a participant without an electronic chip from taking the start. This chip must be returned after crossing the finish line. In case of loss or non-return, it will be charged CHF 50.00 + VAT to the participant.

### 3. Wetsuit

The rules of Swiss Triathlon are valid for all categories. It can be downloaded from <https://swisstriathlon.ch/inside/downloadcenter/>. The decision whether to wear the combination on D-Day is the responsibility of the referees. The information is displayed at the departure and announced by the announcer.

### 4. Physical condition

By registering, participants confirm that they are well prepared for the start and are in good physical condition at the start.

### 5. Anti-doping controls

Anti-doping controls are possible at all times and participants must comply with them regardless of whether or not they hold a Swiss Triathlon license. The participants approve the conduct of the tests in accordance with the requirements of Swiss Olympic (<https://www.antidoping.ch/en>). Whoever breaks the prescriptions is at least disqualified from the race. Other sanctions remain possible. The respective directives can be consulted on the Internet under [www.antidoping.ch](http://www.antidoping.ch). You can also download lists of banned substances, banned methods and authorized drugs.

### 6. Race

Triathlon being an individual sport, no outside help - in any form whatsoever - will be allowed. Parents do not have permission to run with their children in the Kids and Schoolboy categories. The competitor is also disqualified if, by his behavior, puts his safety or that of others in danger.

## **7. Bib number**

Each participant must wear a bib number for the cycling and running part corresponding to the chosen category (one bib number by category, including relay categories) in addition to the microchip. The bib number must be worn so that the number is legible, as well as the advertising of official partners. The swimming part does not require a bib.

## **8. Drafting**

Drafting is allowed only for national races according to the regulations of Swiss Triathlon and for international races according to the rules of the International Triathlon Federation (ITU). Drafting is prohibited for all other categories.

## **9. Illegal equipment**

Athletes will under no circumstances wear any type of headphones, mobile phones or any other electronic communication devices inserted in or covering the ears that may limit attention and decrease listening, under penalty of disqualification. In addition, glass containers are not allowed. Translated from Swiss Triathlon Regulations - art. 7.2, letter g and art. 8.4.

## **10. Registration**

The Lausanne Triathlon categories are opened to adults and children aged 7 years old and over (except for 14-15 years old as there are currently no individual popular category for their age group). Registration is personal, firm and definitive. Registration is possible on site subject to availability, up to one hour before the departure of the chosen category. No registration fee will be refunded by the organizer if the race cannot be organized, or only partially. Anyone, including children, not running in his category, will not be classified.

## **11. License**

For the Standard Distance and Sprint Distance categories, an annual competition license from Swiss Triathlon or a foreign federation affiliated with the ITU / ETU is mandatory. Participants without an annual license must purchase a daily license at a price of CHF 32.50 for the Standard Distance category and CHF 22.50 for the Sprint Distance category when registering via Datasport. This license must be presented when removing the bib. It is also possible to acquire a license during the on-the-spot registration. For other categories, no license is required. Swiss Triathlon license regulations are available at <https://swisstriathlon.ch/inside/downloadcenter/>.

## **12. Data protection**

All data protection information can be found in the General Policy and Data Protection Statement (in French only) available on the Lausanne Triathlon website. See also the legal notices of the Lausanne Triathlon website and the legal notices of Datasport on Datasport website.

## **13. Advertising**

It is forbidden to advertise or propagate during the event without the written permission of the organizers of the Lausanne Triathlon.

## **14. Medical recommendation**

If during the days before the race you feel sick or feverish, you should give up participating. Be sure to drink enough before, during and after the race. If you feel bad during the race (severe shortness of breath, dizziness, exhaustion, severe pain, etc.) you should stop or abandon the race. Men over the age of 35 and women over 40, as well as participants with a history of cardiac, cardiovascular or pulmonary disease or other at-risk groups, should be advised to have a regular medical check-up

## **15. Liability, accident and theft insurance**

Participants must have their own liability, accident and health insurance with the necessary coverage for their participation in the Lausanne Triathlon. The organizers decline all responsibility in case of accident, fall, loss, theft, etc. Wearing a helmet is mandatory.