

TERMS AND CONDITIONS OF THE LAUSANNE TRIATHLON

Each participant is subject to these terms and conditions. By registering for the Lausanne Triathlon, the participant confirms having read and accepted the following conditions:

1. Swim caps

Each participant receives a swim cap of the color of his category when the bibs are handed out. Each athlete is required to wear this swim cap during swimming. These swim caps are offered by the organizers and can be kept by the participants after the race.

2. Timing system

Each participant must imperatively wear his microchip at the peg from start to finish. If this is not the case, the competitor will not be ranked. The organizer reserves the right to prevent a participant without an electronic chip from taking the start. This chip must be returned after crossing the finish line. In case of loss or non-return, it will be charged CHF 50.00 + VAT to the participant.

3. Wetsuit

Wearing the wetsuit is permitted for the popular individual, relay and team/companies categories.

4. Physical condition

By registering, participants confirm that they are well prepared for the start and are in good physical condition at the start.

5. Anti-doping controls

Anti-doping controls are possible at all times and participants must comply with them regardless of whether or not they hold a Swiss Triathlon license. The participants approve the conduct of the tests in accordance with the requirements of Swiss Olympic (<https://www.antidoping.ch/en>). Whoever breaks the prescriptions is at least disqualified from the race. Other sanctions remain possible. The respective directives can be consulted on the Internet under www.antidoping.ch. You can also download lists of banned substances, banned methods and authorized drugs.

6. Race

Triathlon being an individual sport, no outside help - in any form whatsoever - will be allowed. The competitor is also disqualified if, by his behavior, puts his safety or that of others in danger.

7. Bib number

Each participant must wear a bib number for the cycling and running part corresponding to the chosen category (one bib number by category, including relay categories) in addition to

the microchip. The bib number must be worn so that the number is legible, as well as the advertising of official partners. The swimming part does not require a bib.

8. Drafting

Drafting, either a 10m draft zone between cyclists, is not allowed for the 2019 Lausanne Triathlon popular competitions, i.e. the individual popular categories, relays and teams/companies.

9. Illegal equipment

Athletes will under no circumstances wear any type of headphones, mobile phones or any other electronic communication devices inserted in or covering the ears that may limit attention and decrease listening, under penalty of disqualification. In addition, glass containers are not allowed.

10. Registration

The Lausanne Triathlon categories are open to adults aged 14 and over for the popular relay event and 16 and over for the individual and team/companies popular events for the 2019 edition. Registrations are personal, firm and definitive. Registration is not possible on site. No registration fee will be refunded by the organiser if the race cannot be organised, or only partially. Anyone, including children, who does not run in their category will not be classified.

11. License

No licence is required for the 2019 Lausanne Triathlon popular competitions, i.e. the individual popular categories, relays and team/companies.

12. Data protection

All data protection information can be found in the General Policy and Data Protection Statement (in French only) available on the Lausanne Triathlon website. See also the legal notices of the Lausanne Triathlon website and the legal notices of Datasport on Datasport website.

13. Advertising

It is forbidden to advertise or propagate during the event without the written permission of the organizers of the Lausanne Triathlon.

14. Medical recommendation

If during the days before the race you feel sick or feverish, you should give up participating. Be sure to drink enough before, during and after the race. If you feel bad during the race (severe shortness of breath, dizziness, exhaustion, severe pain, etc.) you should stop or abandon the race. Men over the age of 35 and women over 40, as well as participants with a history of cardiac, cardiovascular or pulmonary disease or other at-risk groups, should be advised to have a regular medical check-up

15. Liability, accident and theft insurance

Participants must have their own liability, accident and health insurance with the necessary coverage for their participation in the Lausanne Triathlon. The organizers decline all responsibility in case of accident, fall, loss, theft, etc. Wearing a helmet is mandatory.